# United Way of Mid Coast Maine

34 Wing Farm Parkway, #201 • Bath, ME 04530 207-443-9752 uwmcm.org info@uwmcm.org



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# Community Fund Partner Agencies & Funded Programs 2023-2024

# EARLY CHILDHOOD PROGRAMS

#### Bath Area Family YMCA – Enrichment Preschool Program

A nationally accredited program that provides early care and education services for children ages three until they enter kindergarten.

# <u>Central Lincoln County YMCA</u> – Child Care & After School Programs

Provides quality full child care and preschool for infants (6 weeks) through 5 years of age, and after school programming for children in kindergarten through 5th grade.

# Coastal Kids Preschool – Inclusive Preschool and Afterschool Program

Offers developmentally appropriate care and early childhood education for Lincoln County children ages fifteen months to seven years with a focus on serving children with special needs.

# Family Focus – Children's Services

Provides quality child care and developmentally appropriate programming in Brunswick for children ages 6 weeks to twelve years. Before and after school programming is offered in Brunswick, Harpswell, and Sagadahoc County locations.

# Healthy Kids – Child Abuse Prevention

Prevents child abuse and neglect in Lincoln County and encourages, supports, and promotes healthy family environments through home visits, workshops, and activities for families.

# Home to Home – Supervised Visitation Program

Provides opportunities for safe and quality interactions between non-custodial parents and their children, while lessening harm for families who have been impacted by intimate partner violence.

#### Midcoast Literacy – Family Literacy Services

Supports children to develop early literacy skills by offering interactive, educational programming, and by providing free books, literacy information, and opportunities for sharing.

# Midcoast Maine Community Action – Whole Families Community of Practice

This is a two-generational approach to assist families who are struggling to overcome the challenges of living with low incomes to improve family economic security and break the intergenerational cycle of poverty. Services for children and parents are aligned to bring greater outcomes for children, parents, and families.

# **HEALTHCARE & SAFETY**

# Boothbay Region District Nursing Association – Nursing Care & Outreach

Provides in-home registered nursing services for those in the community whose healthcare needs are not covered by insurance, so that patients may remain safely in their homes.

# **Boothbay Region Community Resources Council – Addiction Outreach Program**

Provides information, support and referral to individuals and families seeking treatment and recovery services from opiate and other substances.

# **Lincoln County Dental**

Provides access to compassionate and comprehensive oral health care through the use of an incomebased sliding fee scale and participation in MaineCare.

# Maine Family Planning – Clinical Health Care Services in Lincoln County

Assures access to expert, affordable, and confidential reproductive and other health care services for men, women, and teens in the Damariscotta health clinic.

#### MSAD 75 – Eagle's Nest School-Based Health Center

Health Center at Mt. Ararat High School in Topsham provides access to urgent medical care, preventive and behavioral health services to students who would not otherwise receive care.

#### <u>New Hope Midcoast</u> – Outreach in Lincoln and Sagadahoc Counties

Provides domestic violence, dating violence, or stalking services that includes advocacy, emergency housing, support groups, and school-based and community education.

# Oasis Free Clinics – Medical, Dental, and Prescription Assistance

Provides free medical, dental, and prescription assistance services to uninsured residents of southern Midcoast Maine. Additionally, provides limited mental health counseling, care management, optometry, and community health outreach by cultural navigators and language interpreters.

# <u>Pine Tree Legal Assistance</u> – Victims Assistance Program

Provides free civil legal aid to victims of domestic violence, sexual assault, and stalking so that victims can access legal protections designed to ensure victim safety, stability and well-being.

#### Sexual Assault Support Services of Midcoast Maine – Prevention Education Grades 6-8

Uses consent-based, trauma-informed, and age-appropriate teaching methods to teach students about healthy relationships and navigate social challenges while addressing the experiences of youth as survivors, bystanders, and perpetrators of sexual violence.

# <u>Through These Doors</u> – Advocacy & Outreach Services

Provides support, advocacy, safety planning, legal services, and outreach to victims and survivors of domestic abuse in the Brunswick and Harpswell area.

# HEALTHY COMMUNITY CONNECTIONS

#### Bath Area Family YMCA – Financial Aid

Assures all people have access to the facilities and programs that nurture the potential of every child and teen, and that improve the health and well-being of individuals and families, regardless of income. **Bath-Brunswick Respite Care** – **Adult Day Service** 

Provides supportive care to families living with Alzheimer's disease and other dementia. Services include an adult day program, monthly caregiver support groups, community education, counseling, and referral information.

# Big Brothers Big Sisters of Bath/Brunswick – Community and School-Based Mentoring

Provide youth facing adversity with strong and enduring, professionally supported one-to-one mentoring relationships that change their lives for the better.

#### **<u>Big Brothers Big Sisters of Mid-Maine</u> – One-to-One Mentoring Programs**

Helps youth ages 5-16 in Lincoln County who are facing adversity by pairing them with one-on-one mentoring relationships that help them reach their greatest potential.

# Catholic Charities Maine – SEARCH – Greater Bath and Lincoln County

Enables vulnerable seniors ages 60+ to remain independent in their homes by matching them with trained volunteers who provide companionship, transportation, telephone reassurance, and referrals to other services as needed.

#### Elmhurst, Inc. – Supported Living Program

Supports and promotes learning and independent living skills to adults with developmental disabilities in the Mid Coast. Services include transportation, support at medical and dental appointments, budgeting assistance, community inclusion, grocery shopping, and healthy meal preparation assistance.

#### <u>Girl Scouts of Maine</u> – A Place for Girls

Provides Mid Coast girls in second through fifth grade the opportunity to try positive and exciting new activities, build skills, practice leadership, and become responsible and contributing members of their communities.

# Independence Association – Community Vision

Provides individuals with developmental disabilities in the greater Brunswick area with community support services that promotes safety skills, expands social circles, and encourages fitness and healthy living through meaningful activities in the community.

# <u>Midcoast Community Alliance dba Midcoast Youth Center</u> – Merrymeeting Support Collaborative for Youth Experiencing Homelessness

Provides outreach services to youth experiencing homelessness through a regional network of support to increase student's school attendance and improve academic success while supporting social-emotional health.

#### Mobius, Inc. – Community Supports

Provides individuals in Lincoln County with intellectual and developmental disabilities to become more connected to, and become a part of, their communities.

# People Plus – Brunswick Area Teen Center

Serves youth in grades 6-12 in the greater Brunswick area by providing supervision, food, safety and fun in an after-school drop-in center.

# People Plus – Community Outreach

Provides fitness classes, technology help, health and wellness, social support, hunger prevention and nutrition, education, creative outlets, brain games, volunteer opportunities, Senior Health Expo, and the Good Morning Call program to members in the greater Brunswick area.

# The Gathering Place – Drop-In Day Shelter

Provides a safe and welcoming space for those experiencing homelessness, those feeling lonely and isolated, and others living in unsafe and unstable conditions to gather in downtown Brunswick to find wellness, safety, positive mental health, and human connections.

# MEETING BASIC NEEDS

#### **Bath Housing Development Corporation – Enhanced Resident Services**

Provides enhanced resident services to residents in order to facilitate health, connectivity, and overall guality of life. Services include transportation options, on-site food programs, technology support, and the other supports.

#### Boothbay Region Community Resources Council - Community Navigator

Supports people by providing free and confidential service designed to help people with essential needs, achieve goals and aspirations by connecting them with resources to meet the challenges of life. Habitat for Humanity / 7 Rivers Maine – Weatherization & Repair Program

Serves low-income homeowners who require critical repairs that will allow them to remain in their homes in ways that make homes safer, more affordable, and better adapted to meet their needs.

# Mid Coast Hunger Prevention Program – Food Pantry

Provides perishable and nonperishable groceries to area families and individuals experiencing food insecurity allowing anyone regardless of income or address to go as frequently as needed to meet nutritional needs.

#### Midcoast Literacy – Adult Literacy Services

Offers adult basic literacy tutoring, serving people working toward high school equivalency, a learner's permit, etc., English language tutoring from conversational English to enrolling in community college, and small group workplace literacy classes for English language learners.

# Midcoast Maine Community Action – Economic Stability Program

Provides information, referral, advocacy, life skill development, and emergency funding to individuals and families in crisis who are unable to meet basic needs.

# **People Plus** – Volunteer Transportation Network

Matches volunteer drivers in the Brunswick area with home-bound and disabled residents who need transportation to vital services.

#### **Spectrum Generations – Meals on Wheels**

Delivers nutritious meals and provides a safety check to homebound older and disabled adults.

#### Tedford Housing – Adult & Family Emergency Housing

Provides housing and case management services to adult individuals and families who are homeless and need a temporary residence.

#### **Tedford Housing – Homelessness Prevention**

Assists families and individuals to retain stable housing and avoid homelessness with short term case management by assisting with rental costs, security deposits, and heating costs.

#### **Tedford Housing – Supportive Housing**

Offers permanent and affordable housing for formerly homeless adults and families coupled with supportive services to assist tenants to maintain their housing and move to greater independence. Salvation Army of Bath/Brunswick – Emergency Assistance

Provides emergency assistance of utilities, fuel, and housing along with case management, a food pantry and community produce table among other services.