

## Midcoast Maine Food Assistance Programs

### Androscoggin County

#### **Auburn**

##### [High Street Congregational Church Food Pantry](#)

Pantry: Thurs 7-10am  
106 Pleasant St  
207-784-1306

##### [Seventh Day Adventist Food Pantry](#)

Pantry: Tues 9-11:30am  
316 Minot Ave  
207-782-3663

#### **Greene**

##### *Greene Baptist Church Food Pantry*

Pantry: 1st & 3rd Thurs 1-3pm  
102 Main St  
207-946-5505  
*Service area: Greene*

#### **Leeds**

##### [Leeds Food Pantry](#)

Pantry: 1st & 3rd Thurs 6-7pm  
123 Church Hill Rd  
207-524-7151  
*Service area: Leeds*

#### **Lewiston**

##### [Cavalry United Methodist Church, Cavalry City Mission Meals Program](#)

Meals: Sun 8am  
59 Sabattus St  
207-782-3221

##### [Hope Haven Gospel Mission](#)

Meals: Breakfast for clients: 7-7:30am daily  
Breakfast for community: 7:30-8am daily  
Lunch & Dinner Mon-Sat 12-1pm and  
4:30-5:30pm, Sun 2:30-3:30pm  
Pantry: Mon, Wed, Fri 10-11:45am and  
12:30-3pm  
209 Lincoln St  
207-783-6086

##### [Hope House](#)

Pantry: Wed 10am-12pm  
91 College St  
207-577-1165

##### [Kaydenz Kitchen Food Pantry](#)

Pantry: Tues-Fri 10am-4pm  
550 Lisbon St  
207-577-7942  
Call or visit [Kaydenz Kitchen website](#) to request  
a box of food

##### [Lewiston Salvation Army](#)

Meals: Sat 4-5pm  
Pantry: Mon, Tues, Thurs, Fri 9am-2pm  
67 Park St  
207-783-0801

##### [New Beginnings Outreach Food Program](#)

Meals: Mon, Wed, Fri 1:30-2pm; Mon, Wed, Fri  
1:30-5pm for basic needs  
134 College St  
207-795-6831  
*Serves Youth 14-21 only*

##### [Pathway Vineyard Church](#)

Pantry: Fri 10:30am-12:20pm  
9 Foss Rd  
207-784-9500

##### [Root Cellar Lewiston](#)

Pantry: Mon-Fri 10am-12pm,  
Family and Neighbors Network (FANN):  
membership lead food program building  
community and food security. Call or visit for  
more information  
89 Birch St  
207-782-3659  
*Service area: Lewiston*

##### [St. Mary's Food Pantry](#)

Pantry: Tues & Fri 11am-2pm  
208 Bates St  
207-513-3841  
*Service area: Greater Lewiston-Auburn*

##### [Trinity Jubilee Center](#)

Meals: Mon-Sat 11-11:30am  
Pantry: Thurs 7:45-10:30am  
247 Bates St  
207-782-5700

**Lisbon**[Lisbon Area Christian Outreach](#)

Pantry: Wed 4:30-6:30pm, Sat 7:30-10am  
18 School St  
207-407-2959 or 207-353-6002

[MCHPP Lisbon Mobile Pantry](#)

Pantry: 3rd Thurs 3-4:30pm  
2 Sugg Drive  
207-725-2716

**Mechanic Falls**[VCF - Bread of Life Food Pantry & Soup Kitchen](#)

Pantry: 2nd Tues 9-11am  
90 Lewiston St PO Box 55  
207-345-9501  
*Service area: Minot, Mechanic Falls, Poland,  
and Hebron*

**Poland***Poland Community Church Food Pantry*

Pantry: Wed 2-5pm, Sat 10am-1pm  
Thrift shop open on Sat  
1208 Maine St  
207-998-4069  
*Service area: Minot, Mechanic Falls, and Poland*

**Sabattus**[Community Baptist Food Pantry](#)

Pantry: 1st & 3rd Wed, 2nd Sat 9am-12pm  
9 Main St  
207-375-4337 or 207-212-5300  
*Service area: Sabattus*

**Sabattus**[Loaves & Fishes Food Pantry](#)

Pantry: Mon 1-2pm, Tues & Wed 9-10am  
61 Lisbon Rd  
207-375-8399  
*Service area: Greater Sabattus*

**Turner**[Turner Community Food Pantry](#)

Pantry: Last Wed of the month 1-3pm (seniors only), 5-7pm (all others)  
96 Howes Corner Rd  
207-224-8256, 207-224-8007, or 207-225-3414  
*Service area: Turner (with resident card  
obtained from Turner Town Office)*

**Wales***Wales Presbyterian Church Food Pantry*

Pantry: 1st & 3rd Thurs 1:30-3:30pm or by  
appointment  
668 Pond Rd  
207-375-6604, 207-754-9604 or 207-375-6618  
*Service area: Wales*

**Cumberland County****Bridgton**[Bridgton Food Pantry - UMC](#)

Pantry: Tues 11am-6pm  
214 Main St  
207-318-4467  
*Service area: Bridgton and Naples*

[St Joseph Food Pantry - Bridgton](#)

Pantry: 4th Tues 10am-12pm  
225 South High St  
207-647-2334  
*Service area: Bridgton and Naples*

**Brunswick**[Mid Coast Hunger Prevention Program](#)

Meals: Mon-Fri 11am-12:30pm, Sat 12-1:30pm  
Pantry: Tues, Wed, Fri 11am-2pm, Sat. 12-3pm,  
Tues eve 4-6pm  
12 Tenney Way  
207-725-2716

[Pathway Vineyard Church](#)

Meals: Tues 5-6pm  
2 Columbus Dr  
207-784-9500

**Buxton***Buxton Food Coop*

Pantry: Mon, Wed, Fri, Sat 9am (elderly and  
disabled); 9:20am (all others)  
262 Haines Meadow Rd  
207-929-8806

[Buxton Maine Community Cupboard](#)

Pantry: Fri 9:30-10:30am  
938 Groveville Rd  
207-642-2396

**Cape Elizabeth**[Judy's Pantry](#)

Pantry: 2nd & 4th Tues 3-4pm  
280 Ocean House Rd  
207-799-8396  
Service area: Cape Elizabeth

**Casco**[Casco Alliance Church Food Pantry](#)

Pantry: 3rd Mon & 1st Tues 6pm  
7 Point Sebago Rd  
207-344-5370

[Casco Village Church](#)

Pantry: 4th Thurs 2-5:30pm  
941 Meadow Rd  
207-627-4282  
Service area: Casco with proof of residence

**Cumberland**[Community Food Pantry - Cumberland](#)

Pantry: 1st, 2nd, & 4th Fri 3-6pm  
290 Tuttle Rd  
207-829-4264  
Service area: Cumberland, North Yarmouth, Pownal, and New Gloucester with proof of residence and photo ID

**East Baldwin**[First Congregational East Baldwin](#)

Pantry: Tues 9-11:30am  
26 School St  
207-657-5216 or 207-625-2360  
Service area: East Baldwin and neighboring towns

**Falmouth**[Falmouth Food Pantry](#)

Pantry: 1st & 3rd Fri 9-10:30am  
271 Falmouth Rd  
207-781-2996  
Service area: Falmouth, Westbrook, Cumberland, Yarmouth, and Portland with proof of residence

**Freeport**[Freeport Community Services](#)

Pantry: Mon & Wed 11am-1pm  
53 Depot St  
207-865-3985 ext. 205  
Service area: Freeport and Pownal with proof of residence

**Gorham**[Gorham Ecumenical Food Pantry](#)

Pantry: Thurs 10am-12pm  
299B Main St  
207-222-4351  
Service area: Gorham

[Orchard Community Church Pantry](#)

Pantry: All but the first Saturday of the month  
9:30am-12pm  
1 North St  
207-730-3910  
Service area: Gorham and neighboring towns

**Gray**[Crossroads Community Church](#)

Pantry: Sun 1-2:30pm  
14 Lewiston Rd  
207-657-4541

[Gray Community Food Pantry](#)

Pantry: 1st & 3rd Fri 12:30-3pm  
5 Brown St  
207-657-4279

**Harpswell**[MCHPP Harpswell Mobile Pantry](#)

Pantry: Thurs 10-11:30am  
263 Mountain Rd  
207-725-2716

**Harrison**[Harrison Food Bank](#)

Pantry: Tues 9am-6:30pm  
176 Waterford Rd  
207-647-3384  
Service area: Harrison, Waterford, and neighboring towns

**Naples**[Crosswalk Community Outreach Kitchen](#)

Meals: Every other Mon 1-3pm, Thurs  
11am-1pm

15 Village Green Lane

207-615-3226 or 207-595-4156

*Service area: Naples, Bridgton, Casco, Harrison,  
and Sebago with proof of residence*

**United Methodist Good Fellowship**

Pantry: Tues 10-11:30am

1000 Roosevelt Trl

207-693-4595

**New Gloucester**[First Congregational Church - New Gloucester](#)

Pantry: 2nd & 4th Sat 8-9:30am

19 Gloucester Hill Rd

207-926-3260

*Service area: New Gloucester residents*

**Portland**[Amistad Inc.](#)

Meals: Mon-Fri 9-10am, 11:30am-1pm

66 State St

207-773-1956

[First Assembly of God Food Pantry](#)

Pantry: Sat 1-4pm

243 Cumberland Ave

207-774-2415

[First Baptist Church Food Pantry](#)

Pantry: Wed 11am

360 Canco Rd

207-773-3123

*Service area: Portland*

[Jewish Family Services Food Pantry](#)

Pantry: Tues & Thurs by appointment

1342 Congress St

207-772-1959 ext. 259

*Service area: Cumberland and York county  
residents with photo ID*

**Closed until further notice**

[Preble Street](#)

Pantry: Tues-Sat 1:30-4pm

252 Oxford St

207-775-0026

[Preble Street Outreach Collaborative](#)

Mobile pantries in various locations, call

207-775-0026 ext 1880

[Project Feed Inc](#)

Pantry: By appointment only (call 207-370-4129

Mon/Wed 1-5pm to pick up Tues/Thurs 1-3pm)

202 Woodford St

207-761-3920

*Service area: Cumberland county with referral  
from case worker*

[Root Cellar - Portland](#)

Pantry: Wed 10am-2pm

Food co-op membership based bi-monthly food  
program (residents of the East End only)

94 Washington Ave

207-774-3197

[Sacred Heart / St. Dominic Food Pantry](#)

Pantry: Tues 10-11:30am

80 Sherman St

207-773-7746

*Service area: Portland*

**Sagamore Food Pantry**

Pantry: Tues 10-11am

21 Popham St

207-347-6125

[Salvation Army - Portland Food Pantry](#)

Pantry: Call for an appointment

297 Cumberland Ave

207-774-4172

*Service area: Greater Portland*

[St. Luke's Food Pantry](#)

Pantry: Thurs 9:30-11am

134 Park St

207-772-5434

[St. Vincent de Paul Food Pantry and Soup Kitchen](#)

Meals and Pantry: Mon-Fri 11am-12:30pm  
307 Congress St  
207-772-1113  
*Service area: Portland*

[Stroudwater Food Pantry](#)

Pantry: Sun 1-3pm  
1520 Westbrook St  
207-772-2193  
*Service area: Greater Portland*

[Wayside Community Meals](#)

Locations and hours vary, call or visit website for schedule  
207-775-4939

[Wayside Food Mobile Pantry at Bayside Anchor](#)

Pantry: 1st Thurs 11am  
81 Oxford St  
207-775-4939

[Wayside Food Mobile Pantry at Washington Gardens](#)

Pantry: 2nd Thurs 10:30am  
577 Washington Ave  
207-775-4939

[Wayside Mobile Food Pantry at Sagamore Village](#)

Pantry: last Tues 10-11am  
21 Popham St  
207-775-4939  
*Service area: Sagamore Village*

[White Memorial Food Pantry](#)

Pantry: Thurs 7:30-9am  
97 Allen Ave  
207-797-4414  
*Please bring a photo ID*

**Pownal**

[North Pownal Food Pantry](#)

Pantry: Wednesday 9:30-11am  
851 Lawrence Rd  
207-688-4938  
*Service area: Pownal, Durham, New Gloucester, Auburn*

**Raymond**

[Raymond Food Pantry](#)

Pantry: 2nd & 4th Thurs 4-6pm  
1273 Roosevelt Trl  
207-310-1419  
*Service area: Raymond*

**Sebago**

[Sebago Warming Hut](#)

Pantry: 1st & Mon 9-10:30am, 2nd Mon 9:30-11am, 4th Mon 9:30-11am & 3:30-5:30pm  
183 Rt 114 Sebago Rd  
207-787-5105  
*Service area: Sebago*

**South Portland**

[South Portland Food Cupboard](#)

Pantry: Thurs 8:30-11am; 2nd, 3rd, 4th & 5th Tues 10:30am-noon; 1st Wed 5-7pm  
130 Thaddeus St  
207-874-0379  
*Service area: South Portland and neighboring towns*

[Wayside Mobile Food Pantry at Redbank Village & Brick Hill](#)

Pantry: 4th Wed of the month 2pm  
2 Townhouse Rd  
207-775-4939  
*Service area: South Portland and West End residents*

**Standish**

[Standish Food Pantry](#)

Pantry: Mon 9:30-10:30, Wed 5-6:30pm  
25 Oak Hill Rd  
207-358-0359  
*Service area: Standish and neighboring towns*

**Westbrook**

[Southern Maine Agency on Aging - Larrabee Village](#)

Community Cafe suspended during COVID  
30 Liza Harmon Dr  
207-854-6833

[Vineyard Church Food Pantry](#)

Pantry: Fri 6-7pm  
715 Bridgton Rd  
207-854-8339  
*Service area: Westbrook and Portland residents  
West of Riverside*

[Westbrook Community Food Pantry](#)

Pantry: 1st & 3rd Tues 11am-2pm  
426 Bridge St  
207-591-8147  
*Service area: Westbrook*

**Windham**

[Windham Food Pantry](#)

Pantry: Mon-Thurs by appointment only  
377 Gray Rd  
207-892-1931  
*Service area: Windham*

**Yarmouth**

[Yarmouth Community Food Pantry](#)

Pantry: Tues & Fri 10am-12pm  
116 Main St  
207-420-1880  
*Service are: Yarmouth and neighboring towns*

**Knox County**

**Camden**

[Camden Area Christian Food Pantry](#)

Pantry: Tues 8-11am, Thurs 4-6pm  
128 Mt Battle St  
207-236-9790  
*Service area; Appleton, Camden, Hope,  
Islesboro, Lincolnville, Rockport, Searsmont,  
Union, and Washington*

**Friendship**

[Friendship - Cushing Food Pantry](#)

Pantry: 2nd & 3rd Sat 9-11am  
255 Cushing Rd  
207-354-0669

**Rockland**

[AIO Food and Energy Assistance](#)

Pantry: Mon, Wed, Fri 9am-12pm, Wed  
5-6:30pm  
1A Gordon Drive  
207-596-1043  
*Service area: Knox County resident with ID*

[Salvation Army Food Pantry](#)

Pantry: Tues & Thurs 10am-1pm  
27 Payne Ave  
207-594-5623

*St Bernard's Parish Soup Kitchen*

Meals: Mon-Fri 11:30am-12:30pm  
150 Broadway  
207-236-4785 or 207-691-6400

[St Peter's Episcopal Church Lunch](#)

Meals: Sat 12:30-1:30pm, Sun 1-2:30pm  
11 White St  
207-594-8191

**Tenants Harbor**

[St George Community Cupboard](#)

Pantry: Thurs 2-7pm  
47 Main St  
207-372-2193  
*Service area: St George residents, order a food  
box using online order form or by phone*

**Thomaston**

[Thomaston Inter Church Fellowship Food Pantry](#)

Pantry: Tues & Thurs 9-11am  
13 Valley St  
207-354-6004  
*Service area: Knox County residents*

**Union**

[Come Spring Food Pantry](#)

Pantry: 2nd & 4th Wed 9:30-11:30am  
51 S Union Rd  
207-785-6063  
*Service area: Union, Appleton, Hope residents*

**Warren**

[Bread for the Journey - Warren Food Pantry](#)

Pantry: Thurs 9-11am  
44 School St  
207-723-4400

**Washington**

[Washington Food Bank](#)

Pantry: 1st Wed after 1st Tues of the month  
8-10am  
33 Liberty Rd  
207-409-9247

**Lincoln County****Alna**

[Alna Food Pantry](#)

Pantry: Tues & Fri 8am-12pm, Wed 10am-5pm,  
Thurs 2-6pm  
1574 Alna Rd  
207-586-5313  
*Service area: Alna and neighboring towns*

**Boothbay**

[Boothbay Region Food Pantry](#)

Pantry: Fri 12-2pm  
1 Eastern Ave  
207-350-2962  
*Service area: Boothbay, Boothbay Harbor,  
Edgecomb, and Southport*

**Bristol**

[New Harbor Food Pantry](#)

Pantry: Sat 9-10am  
6 South Side Road  
207-529-2501  
*Service area: Bristol and South Bristol residents*

**Jefferson**

[Jefferson Area Community Food Pantry](#)

Pantry: 2nd & 4th Wed 4-5:30pm  
72 Gardiner Rd  
207-315-1134  
*Service area: Jefferson and Somerville*

**Newcastle**

[Newcastle Ecumenical Food Pantry](#)

Pantry: Tues 9:30-11am  
51 Main St  
207-563-1311  
*Service area: Damariscotta, Newcastle,  
Nobleboro, and larger community*

**Waldoboro**

[Waldoboro Food Pantry](#)

Pantry: 1st & 3rd Tues 12-3pm  
124 Friendship St  
207-701-7363

**Westport**

[Westport Islands Helping Hands](#)

By appointment only  
38 Ferry Rd  
207-380-5885

**Whitefield**

[St. Denis Whitefield Food Pantry](#)

Pantry: 1st Fri 10am-3pm, Sat 10am-1pm  
(except Sat after 1st Fri)  
298 Grand Army Rd  
207-549-3672

**Wiscasset**

[Help Yourself Shelf](#)

Pantry: Thurs 4:30-5:30pm  
12 Hodge St  
207-882-7184

[Wiscasset Nazarene Outreach Food Pantry](#)

Pantry: Sun 12-12:30pm  
255 Gardiner Rd  
207-882-9088  
*Service area: Lincoln County*

## **Sagadahoc County**

### **Bath**

#### [Bath Area Food Bank](#)

Pantry: Tues 4-6pm, Thurs 12-2pm

Meals: Tues & Thurs 12-1:30pm

807 Middle St

207-737-9289

*Service area: Bath, West Bath, Arrowsic, Georgetown, Phippsburg, and Woolwich*

*Proof of residency required for food pantry (not soup kitchen)*

#### [Bath Salvation Army](#)

Pantry: Mon, Wed, Thurs 10am-1pm

25 Congress Ave

207-443-3611

*Service area: Bath, Brunswick, Arrowsic, Bailey Island, Bowdoin, Bowdoinham, Cundy's Harbor, Five Islands, Georgetown, Harpswell, Pejepscot, Phippsburg, Sebasco Estates, Small Point, South Harpswell, Topsham, West Bath, West Point, and Woolwich*

#### [Bath United Methodist Church](#)

Meals: Wed 4-5:30pm

340 Oak Grove Ave

207-443-4707

*Call ahead to request delivery*

#### [Neighborhood Cafe](#)

Meals: Mon 11:30am, Sun 4:30-5:30pm

798 Washington St

207-443-2187

*Call ahead if possible*

### **Bowdoin**

#### [Friends Helping Community Food Pantry](#)

On call basis

23 Cornish Dr

207-449-6326

*Service area: Bowdoin and Bowdoinham*

### **Bowdoinham**

#### [Bowdoinham Food Pantry](#)

Pantry: Wed 4-6pm

9 Main St

207-751-7779

*Service area: Bowdoin and Bowdoinham*

### **Richmond**

#### [Richmond Area Food Pantry](#)

Pantry: 1st Wed 4-6pm, 3rd Sat 9-11am

15 Spruce St

207-607-2777

*Service area: Richmond, Dresden, and Bowdoinham*