

SUPPLEMENTAL ASSISTANCE 12/2011

Lincoln & Sagadahoc Counties and Brunswick & Harpswell

Prepared by: **United Way of Mid Coast Maine**



**United Way
of Mid Coast Maine**

FOR INFORMATION ON ANY HEALTH OR HUMAN SERVICE NEED - **CALL 2-1-1** or 1-877-463-6207 FREE & CONFIDENTIAL

Residence of person in need	County	For All Program Info - call 2-1-1	LIHEAP	Other Fuel Assistance Available	Food Stamps	WIC	Food	Earned Income Tax Credit (EITC) & Free Tax Preparation Sites	Property Tax Abatement
Alna	Lincoln	2-1-1	KVCAP 800-542-8227 info@kvcap.org	*Community Energy Fund 563-3883 *MMCA 1-800-221-2221 *General Assistance 586-5313	DHHS - Lincoln Co. 1-800-432-7802	MMCA 1-800-221-2221 or 442-7963	*Help Yourself Shelf Food Pantry 882-7184 *St. Denis Whitefield Food Pantry 582-2684 *General Assistance 586-5313 or call 2-1-1	2-1-1	Call Town Office
Arrowsic	Sagadahoc	2-1-1	KVCAP 800-542-8227 info@kvcap.org	*MMCA: Corporal Works of Mercy & *Fuel for Friends 1-800-221-2221 *Salvation Army-Bath 443-3611 *General Assistance 443-4609	DHHS - Sagadahoc Co. 1-800-432-7802	MMCA 1-800-221-2221 or 442-7963	*Bath Area Food Pantry 443-4781 *Salvation Army-Bath 443-3611 *General Assistance: 443-4609 or call 2-1-1	2-1-1	Call Town Office
Bath	Sagadahoc	2-1-1	KVCAP 800-542-8227 info@kvcap.org	*MMCA: Corporal Works of Mercy & *Fuel for Friends 1-800-221-2221 *Salvation Army-Bath 443-3611 *General Assistance 443-8335	DHHS - Sagadahoc Co. 1-800-432-7802	MMCA 1-800-221-2221 or 442-7963	*Bath Area Food Pantry 443-4781 * Help Yourself Food Panty 882-7184 *Salvation Army-Bath 443-3611 *General Assistance 443-8335 or call 2-1-1	2-1-1	Call Town Office
Boothbay	Lincoln	2-1-1	KVCAP 800-542-8227 info@kvcap.org	* Boothbay Region Com. Resources 633-0672 *Community Energy Fund 563-3883 *MMCA 1-800-221-2221 *Salvation Army-Boothbay Debi Babcock: 633-4757 *General Assistance 633-2051	DHHS - Lincoln Co. 1-800-432-7802	MMCA 1-800-221-2221 or 442-7963	*Boothbay Region Food Bank 633-4757 *Help Yourself Food Pantry 882-7184 *Salvation Army-Boothbay Debi Babcock: 633-4757 *Wiscasset Food Pantry 882-9088 *General Assistance: 633-2051 or call 2-1-1	2-1-1	Call Town Office

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Boothbay Harbor	Lincoln	2-1-1	KVCAP 800-542-8227 info@kvcap.org	Boothbay Region Comm. Resources 633-0672 *Community Energy Fund 563-3883 *MMCA 1-800-221-2221 *Salvation Army-Boothbay Debi Babcock: 633-4757 *General Assistance 633-3671	DHHS - Lincoln Co. 1-800-432-7802	MMCA 1-800-221-2221 or 442-7963	*Boothbay Region Food Bank 633-4757 *Help Yourself Food Pantry 882-7184 *Salvation Army-Boothbay Debi Babcock: 633-4757 *Wiscasset Food Pantry 882-9088 *General Assistance: 633-3671 or call 2-1-1	2-1-1	Call Town Office
Bowdoin	Sagadahoc	2-1-1	KVCAP 800-542-8227 info@kvcap.org	*MMCA 1-800-221-2221 *Tedford Housing 729-1161 ext 112 *Salvation Army-Bath 443-3611 *General Assistance 353-6949	DHHS - Sagadahoc Co. 1-800-432-7802	MMCA 1-800-221-2221 or 442-7963	*Help Yourself Food Pantry 882-7184 *Mid Coast Hunger Prevention 725-1151 *Salvation Army-Bath 443-3611 *Wiscasset Food Pantry 882-9088 General Assistance 353-6949 or call 2-1-1	2-1-1	Call Town Office
Bowdoinham	Sagadahoc	2-1-1	KVCAP 800-542-8227 info@kvcap.org	*MMCA 1-800-221-2221 *Tedford Housing 729-1161 ext 112 *Salvation Army-Bath 443-3611 *General Assistance 666-5531	DHHS - Sagadahoc Co. 1-800-432-7802	MMCA 1-800-221-2221 or 442-7963	*Mid Coast Hunger Prevention 725-1151 *Salvation Army-Bath 443-3611 *General Assistance : 666-5531 or 2-1-1	2-1-1	Call Town Office
Bremen	Lincoln	2-1-1	KVCAP 800-542-8227 info@kvcap.org	*Community Energy Fund 563-3883 *MMCA 1-800-221-2221 *General Assistance 529-5945	DHHS - Lincoln Co. 1-800-432-7802	MMCA 1-800-221-2221 or 442-7963	*Waldoboro Food Pantry 832-4743 *Wiscasset Food Pantry 882-9088 *General Assistance: 529-5945 or call 2-1-1	2-1-1	Call Town Office
Bristol	Lincoln	2-1-1	KVCAP 800-542-8227 info@kvcap.org	*Community Energy Fund 563-3883 *CHIP 800-924-9571 *MMCA 1-800-221-2221 *Salvation Army-Newcastle Ellie Hines 563-2247 *General Assistance 563-6180	DHHS - Lincoln Co. 1-800-432-7802	MMCA 1-800-221-2221 or 442-7963	*Help Yourself Food Pantry 882-7184 *New Harbor Food Pantry 677-3424 *Wiscasset Food Pantry 882-9088 *Salvation Army-Newcastle Ellie Hines 563-2247 *General Assistance 563-6180 or call 2-1-1	2-1-1	Call Town Office
Brunswick	Cumberland	2-1-1	PROP 800-698-4959 admin@propeopl e.org	*MMCA 1-800-221-2221 *Tedford Housing 729-1161 ext 112 *Salvation Army-Bath 443-3611 *General Assistance 725-6661	DHHS - Cumberland Co. 1-800-482-7520	PROP 1-800-698-4959 or 553-5800	*Mid Coast Hunger Prevention 725-1151 *Salvation Army-Bath 443-3611 *General Assistance: 725-6661 or call 2-1-1	2-1-1	Call Town Office

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Damariscotta	Lincoln	2-1-1	KVCAP 800-542-8227 info@kvcap.org	*Community Energy Fund 563-3883 *CHIP:1-800-924-9571 *MMCA 1-800-221-2221 *Salvation Army-Newcastle Ellie Hines 563-2247 *General Assistance 563-5168	DHHS - Lincoln Co. 1-800-432-7802	MMCA 1-800-221-2221 or 442-7963	*Help Yourself Food Pantry 882-7184 *Newcastle Ecumenical Pantry 563-6900 *Salvation Army-Newcastle Ellie Hines 563-2247 *Wiscasset Food Pantry 882-9088 *General Assistance 563-5168 or call 2-1-1	2-1-1	Call Town Office
Dresden	Lincoln	2-1-1	KVCAP 800-542-8227 info@kvcap.org	*Community Energy Fund 563-3883 *MMCA 1-800-221-2221 *Salvation Army-Richmond 737-4473 *General Assistance 737-4335, after hours 737-6005	DHHS - Lincoln Co. 1-800-432-7802	MMCA 1-800-221-2221 or 442-7963	*Help Yourself Shelf Food Pantry 882-7184 *Richmond Food Panty 312-5321 *Salvation Army-Rich. 737-4473 *Wiscasset Food Pantry 882-9088 *General Assistance 737-4335 or call 2-1-1	2-1-1	Call Town Office
Edgecomb	Lincoln	2-1-1	KVCAP 800-542-8227 info@kvcap.org	*Boothbay Region Comm. Resources 633-0672 *Community Energy Fund 563-3883 *MMCA 1-800-221-2221 *Salv. Army-Boothbay Debi Babcock: 633-4757 *General Assistance 882-7018	DHHS - Lincoln Co. 1-800-432-7802	MMCA 1-800-221-2221 or 442-7963	*Boothbay Region Food Pantry 633-4757 *Salv. Army-Boothbay Debi Babcock: 633-4757 *Help Yourself Shelf Food Pantry 882-7184 *Wiscasset Food Pantry 882-9088 *General Assistance: 882-7018 or call 2-1-1	2-1-1	Call Town Office
Georgetown	Sagadahoc	2-1-1	KVCAP 800-542-8227 info@kvcap.org	*MMCA Corporal Works of Mercy 1-800-221-2221 *Salvation Army-Bath 443-3611 *General Assistance 371-2820	DHHS - Sagadahoc Co. 1-800-432-7802	MMCA 1-800-221-2221 or 442-7963	*Bath Area Food Pantry 443-4781 *Salvation Army-Bath 443-3611 *General Assistance 371-2820 or call 2-1-1	2-1-1	Call Town Office
Harpwell	Cumberland	2-1-1	PROP 800-698-4959 admin@propeopl e.org	*Harpwell Heating Assistance (Bailey's Island, Cundy's Harbor, Great Island, Orr's Island) 833-5771 *MMCA 1-800-221-2221 *Tedford Housing 729-1161 ext 112 *Salvation Army-Bath 443-3611 *General Assistance 833-5771	DHHS - Cumberland Co. 1-800-482-7520	PROP 1-800-698-4959 or 553-5800	*Mid Coast Hunger Prevention 725-1151 *Salvation Army-Bath 443-3611 *General Assistance 833-5771 or call 2-1-1	2-1-1	Call Town Office

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Jefferson	Lincoln	2-1-1	KVCAP 800-542-8227 info@kvcap.org	*CHIP:1-800-924-9571 *Community Energy Fund 563-3883 *MMCA 1-800-221-2221 *General Assistance 549-7401 or 882-1007	DHHS - Lincoln Co. 1-800-432-7802	MMCA 1-800-221-2221 or 442-7963	*Jefferson Food Pantry 549-5361 or 549-3065 *Wiscasset Food Pantry 882-9088 *General Assistance 549-7401 or call 2-1-1	2-1-1	Call Town Office
Monhegan Plantation	Lincoln	2-1-1	KVCAP 800-542-8227 info@kvcap.org	*Community Energy Fund 563-3883 *MMCA 1-800-221-2221 *General Assistance 594-8833	DHHS - Lincoln Co. 1-800-432-7802	MMCA 1-800-221-2221 or 442-7963	*General Assistance 594-8833 or call 2-1-1	2-1-1	Call Town Office
Newcastle	Lincoln	2-1-1	KVCAP 800-542-8227 info@kvcap.org	*Community Energy Fund 563-3883 *CHIP:1-800-924-9571 *MMCA 1-800-221-2221 *Salvation Army-Newcastle Ellie Hines 563-2247 *General Assistance 563-3441	DHHS - Lincoln Co. 1-800-432-7802	MMCA 1-800-221-2221 or 442-7963	*Newcastle Ecumenical Pantry 563-6900 *Wiscasset Food Pantry 882-9088 *Salvation Army-Newcastle Ellie Hines 563-2247 *General Assistance 563-3441 or call 2-1-1	2-1-1	Call Town Office
Nobleboro	Lincoln	2-1-1	KVCAP 800-542-8227 info@kvcap.org	*Community Energy Fund 563-3883 *CHIP:1-800-924-9571 *MMCA 1-800-221-2221 *Salvation Army-Newcastle Ellie Hines 563-2247 *General Assistance 563-8816	DHHS - Lincoln Co. 1-800-432-7802	MMCA 1-800-221-2221 or 442-7963	*Help Yourself Food Pantry 882-7184 *Newcastle Ecumenical Pantry 563-6900 *Wiscasset Food Pantry 882-9088 *Salvation Army-Newcastle Ellie Hines 563-2247 *General Assistance 563-8816 or call 2-1-1	2-1-1	Call Town Office
Phippsburg	Sagadahoc	2-1-1	KVCAP 800-542-8227 info@kvcap.org	*MMCA Corporal Works of Mercy & *Fuel for Friends 1-800-221-2221 *Salvation Army-Bath 443-3611 *Phippsburg Fund 389-2653 (day), 389-1086 (nights and weekends) *General Assistance 389-2653	DHHS - Sagadahoc Co. 1-800-432-7802	MMCA 1-800-221-2221 or 442-7963	*Bath Area Food Pantry 443-4781 *Help Yourself Food Pantry 882-7184 *Salvation Army-Bath 443-3611 *Wiscasset Food Pantry 882-9088 *General Assistance: 389-2653 or call 2-1-1	2-1-1	Call Town Office

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Richmond	Sagadahoc	2-1-1	KVCAP 800-542-8227 info@kvcap.org	*MMCA 1-800-221-2221 *Salv. Army-Richmond 737-4473 *General Assistance 737-4305	DHHS - Sagadahoc Co. 1-800-432-7802	MMCA 1-800-221-2221 or 442-7963	*Help Yourself Food Pantry 882-7184 *Richmond Food Pantry 312-5321 *Salv. Army-Richmond 737-4473 *Wiscasset Food Pantry 882-9088 *General Assistance 737-4305 or call 2-1-1	2-1-1	Call Town Office
Somerville	Lincoln	2-1-1	KVCAP 800-542-8227 info@kvcap.org	*Community Energy Fund 563-3883 *MMCA 1-800-221-2221 *General Assistance 549-3828	DHHS - Lincoln Co. 1-800-432-7802	MMCA 1-800-221-2221 or 442-7963	*Jefferson Food Pantry 549-5361 or 549-3065 *Wiscasset Food Pantry 882-9088 *General Assistance 549-3828 or call 2-1-1	2-1-1	Call Town Office
South Bristol	Lincoln	2-1-1	KVCAP 800-542-8227 info@kvcap.org	*Community Energy Fund 563-3883 *CHIP: 1-800-924-9571 *MMCA 1-800-221-2221 *Salvation Army-Newcastle Ellie Hines 563-2247 *General Assistance 563-3977	DHHS - Lincoln Co. 1-800-432-7802	MMCA 1-800-221-2221 or 442-7963	*New Harbor Food Pantry 677-3424 *Salvation Army-Newcastle Ellie Hines 563-2247 *Wiscasset Food Pantry 882-9088 *General Assistance 563-3977 or call 2-1-1	2-1-1	Call Town Office
Southport	Lincoln	2-1-1	KVCAP 800-542-8227 info@kvcap.org	*Boothbay Region Comm. Resources 633-0672 *Community Energy Fund 563-3883 *MMCA 1-800-221-2221 *Salv. Army-Boothbay Debi Babcock: 633-4757 *General Assistance 633-3318	DHHS - Lincoln Co. 1-800-432-7802	MMCA 1-800-221-2221 or 442-7963	*Boothbay Region Food Pantry 633-4757 *Help Yourself Food Pantry 882-7184 *Wiscasset Food Pantry 882-9088 *Salv. Army-Boothbay Debi Babcock: 633-4757 Assistance 633-3318 or call 2-1-1	2-1-1	Call Town Office
Topsham	Sagadahoc	2-1-1	KVCAP 800-542-8227 info@kvcap.org	*MMCA 1-800-221-2221 *Tedford Housing 729-1161 ext 112 *Salvation Army-Bath 443-3611 *Topsham Fund 725-1725 *General Assistance 725-5821 or 725-4337	DHHS - Sagadahoc Co. 1-800-432-7802	MMCA 1-800-221-2221 or 442-7963	*Mid Coast Hunger Prevention 725-1151 *Salvation Army-Bath 443-3611 *General Assistance 725-5821 or call 2-1-1	2-1-1	Call Town Office

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Waldoboro	Lincoln	2-1-1	KVCAP 800-542-8227 info@kvcap.org	*Community Energy Fund 563-3883 *CHIP: 1-800-924-9571 *MMCA 1-800-221-2221 *General Assistance 832-5369	DHHS - Lincoln Co. 1-800-432-7802	MMCA 1-800-221-2221 or 442-7963	*Help Yourself Food Pantry 882-7184 *Waldoboro Food Pantry 832-4743 *Wiscasset Food Pantry 882-9088 *General Assistance 832-5369 or call 2-1-1	2-1-1	Call Town Office
West Bath	Sagadahoc	2-1-1	KVCAP 800-542-8227 info@kvcap.org	*Corporal Works of Mercy MMCA: 1-800-221-2221 *Fuel for Friends 1-800-221-2221 *Salvation Army-Bath 443-3611 *General Assistance 443-8335	DHHS - Sagadahoc Co. 1-800-432-7802	MMCA 1-800-221-2221 or 442-7963	*Bath Area Food Pantry 443-4781 *Salvation Army-Bath 443-3611 *Wiscasset Food Pantry 882-9088 *General Assistance 443-8335 or call 2-1-1	2-1-1	Call Town Office
Westport Island	Lincoln	2-1-1	KVCAP 800-542-8227 info@kvcap.org	*Community Energy Fund 563-3883 *MMCA 1-800-221-2221 *General Assistance 882-8477	DHHS - Lincoln Co. 1-800-432-7802	MMCA 1-800-221-2221 or 442-7963	* Help Yourself Shelf Food Pantry 882-7184 *Westport Cottage Pantry 882-5464 *Wiscasset Food Pantry 882-9088 *General Assistance 882-8477 or call 2-1-1	2-1-1	Call Town Office
Whitefield	Lincoln	2-1-1	KVCAP 800-542-8227 info@kvcap.org	*Community Energy Fund 563-3883 *MMCA 1-800-221-2221 *Salvation Army-Newcastle Ellie Hines 563-2247 *General Assistance 549-5175	DHHS - Lincoln Co. 1-800-432-7802	MMCA 1-800-221-2221 or 442-7963	*St. Denis Whitefield Food Pantry 582-2684 *Help Yourself Food Pantry 882-7184 *Wiscasset Food Pantry 882-9088 *Salvation Army-Newcastle Ellie Hines 563-2247 *General Assistance 549-5175 or call 2-1-1	2-1-1	Call Town Office
Wiscasset	Lincoln	2-1-1	KVCAP 800-542-8227 info@kvcap.org	*Corporal Works of Mercy MMCA: 1-800-221-2221 *Community Energy Fund 563-3883 *Salvation Army-Wis. Becky 882-8200 *General Assistance 882-8200	DHHS - Lincoln Co. 1-800-432-7802	MMCA 1-800-221-2221 or 442-7963	*Help Yourself Shelf Food Pantry 882-7184 *Bath Area Food Pantry 443-4781 *Wiscasset Food Pantry 882-9088 *Salvation Army-Wis. 882-8200 *General Assistance: 882-8200 or call 2-1-1	2-1-1	Call Town Office

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Woolwich	Sagadahoc	2-1-1	KVCAP 800-542-8227 info@kvcap.org	*MMCA Corporal Works of Mercy MMCA & Fuel for Friends 1-800-221-2221 *Salvation Army-Bath 443-3611 *General Assistance 442-7094	DHHS - Sagadahoc Co. 1-800-432-7802	MMCA 1-800-221-2221 or 442-7963	*Bath Area Food Pantry 443-4781 *Salvation Army-Bath 443-3611 *Help Yourself Shelf Food Pantry 882-7184 *Wiscasset Food Pantry 882-9088 *General Assistance 442-7094 or call 2-1-1	2-1-1	Call Town Office