

HUNGER PREVENTION



WHEN YOU REACH OUT A HAND TO ONE
YOU INFLUENCE
THE CONDITION OF ALL.

2008 ANNUAL REPORT TO THE COMMUNITY
GIVE. ADVOCATE. VOLUNTEER. LIVE UNITED.™



United Way
of Mid Coast Maine

In 2008 the people of Mid Coast Maine chose to **LIVE UNITED.**



Thank You!

In last year's annual report, United Way of Mid Coast Maine launched our **LIVE UNITED** theme, as a calling to the community. **LIVE UNITED** is a statement about choosing to think beyond ourselves, and to **GIVE, ADVOCATE, and VOLUNTEER** on behalf of others.

Little did we know how deeply the people of our community would embrace that spirit as the year went on and we saw soaring prices for home heating and an economic recession.

Individuals, groups, and businesses responded to our call for a **Winter Preparedness Action Program**. Volunteers reached out to vulnerable neighbors, publicized available help, and winterized homes—**saving tens of thousands of dollars in energy costs** and keeping Mid Coast residents **safe**.

2-1-1, the free information and referral program created by United Ways of Maine, proved worth its weight in gold as **record numbers of people called** to find needed help.

A **great 2008 success story**, not only for United Way but for our entire community, was the success of our **fall campaign**. In challenging economic times, Mid Coast donors dug deeper into their own pockets to help people in greater need. The campaign not only beat its goal, we went over the \$2 million mark!

Fundraising success makes possible individual human success through needed programs in our area. An estimated 20,000 local residents were helped by United Way's excellent 38 partner agencies last year. Our partner agencies provided **both immediate, urgent support such as food, shelter and health care, and preventive services**, to help our children, keep us healthy, and provide pathways for independence.

Our volunteer **Solutions Councils** also work to address root causes and create long-lasting community change in United Way's focus areas of: **Education, Financial Stability, and Health**.

As we continue to respond to changing times and issues, you can be assured our mission remains firm: **to improve lives by mobilizing the caring power of communities**.



Sincerely,
Holly Stover
Maine Dept. of Health
& Human Services
Chair, Board of Directors

Barbara Reinertsen
Executive Director

Cover: The students of Woodside Elementary School **LIVE UNITED** by collecting food every month for the Mid Coast Hunger Prevention Program, a United Way partner agency.

INITIATIVES: HELPING IN A CHALLENGING ECONOMY

BOARD OF DIRECTORS

Holly Stover <i>Chair, Dept. of Health & Human Services</i>	Molly Hahn <i>Westport Island</i>
Bob McCue <i>1st Vice Chair, Mid Coast Health Services</i>	Dodie Jones <i>Brunswick</i>
Glenn Hutchinson <i>2nd Vice Chair, Bath Savings Institution</i>	Michael Jones <i>Brunswick</i>
Geoff Gattis <i>Treasurer, Bath Savings Institution</i>	Craig McEwen <i>Bowdoin College</i>
Hank Berg <i>Taction</i>	Sheryl McWilliams <i>Parkview Adventist Medical Center</i>
Bob Beaumont <i>Brunswick</i>	Doug Niven <i>The Times Record</i>
Pam Bowerman <i>Norway Savings Bank</i>	John Portela <i>Local S6 IUMSWA/IAMAW</i>
Bob Davis <i>Border Trust</i>	Peggy Schick <i>Bowdoin College</i>
Jeff Geiger <i>Bath Iron Works</i>	Gerald Stergio <i>Bath Iron Works</i>
Sharon Guay <i>Local S6/BIW</i>	Dennis Unger <i>University College at Bath/Brunswick</i>
Jill Haer <i>Brunswick</i>	Margaret Wilson <i>Brunswick</i>
	Susan Wygal <i>Topsham</i>

STAFF

Barbara Reinertsen <i>Executive Director</i>	James Peavey <i>Associate Director of Community Impact</i>
James Bouchard <i>Director of Campaign</i>	Kristin Rieff <i>2-1-1 Regional Resource Coordinator</i>
Sandra Caparratto <i>Administrative Assistant</i>	John Washburn <i>Director of Finance and Administration</i>
Kathy Christensen <i>Director of Donor Relations</i>	Catharine Arnold <i>AmeriCorps VISTA</i>
Lili Hall <i>Campaign Processor</i>	Charlie Geiger <i>AmeriCorps VISTA</i>
Maria Hinteregger <i>Associate Director of Community Impact</i>	
Peter Lindsay <i>Director of Community Impact/Success By 6</i>	

Providing Stability.

United Way worked in new and continuing ways in 2008 to help our neighbors who are struggling economically—from the basics of making sure people are **warm and fed**, to helping people on a path to **Financial Stability**.

We launched a **Food Security initiative** (see p.12), to help local food pantries cope with 30-40% increases in demand for assistance. We distributed federal **Emergency Food and Shelter Funds**, and participated in a **CASH coalition** to help working, low-income people get the tax credits they deserve. We produced a one-page **Directory of Services** that our region's Career Center director has said is the single most important piece of information he distributes to laid-off workers and people in transition coming into his office.

United Way also funds local programs that not only provide food and shelter, but help people avoid homelessness in the first place or move on to permanent housing, and help them gain skills and education to increase their **financial independence**.



“More than 200 families have contacted our agency this past year. Financial stability is key to improving their housing situation”

— Bev McPhail
Homeless Prevention Coordinator for Tedford Housing

Connecting People

2-1-1, which United Way not only funds but keeps up-to-date with all available services, has proved to be a vital **lifeline for people in this economy**. 2008 saw the number of calls statewide double to 63,000.

Many calls were from people who have never needed help before. The most requests were for help with heating, housing, utilities, and food.

6,299 people from Mid Coast Maine alone called 2-1-1 to find needed help last year. 1,076 of those calls were from area residents seeking help with heating needs.

Maine 
2-1-1™
Get Connected. Get Answers.

United Ways of Maine - Inghram

Winter Preparedness Action Program

Nationally-renowned energy expert Charlie Wing provided free training for winterization volunteers and other residents on how to identify the most effective low-cost energy improvements for a home, seal heat leaks and construct energy-saving interior storm windows.



As conditions in our community change, United Way adjusts its roles as well.

In the late summer of 2008, sharply increasing home heating prices caused great concern about the basics—making sure our neighbors would be **safe and warm** over the winter.

United Way brought 100 concerned community members together to share information and coordinate efforts. Out of this meeting, wonderful **community partners from over two dozen community businesses, schools, churches, energy groups, and other non-profits** worked with United Way on Action Teams.

Much was accomplished in a short amount of time, and much was learned to make future efforts even more successful. United Way thanks all the people who went above and beyond the call to make sure our neighbors were safe and well during a tough winter. Thank you for putting into practice the spirit of **LIVE UNITED!**



Volunteers Kay and Lin LIVE UNITED! After completing insert windows for Kay's home, this dynamic volunteer team went on to build windows for other homes in need of winterization.

Making Homes More Energy Efficient

Over **70 homes** were winterized, with an estimated annual **energy savings of \$33,000** for people who could not otherwise have done this work. **166 volunteers** contributing over 1400 hours of service, along with some professional assistance and key partner **Habitat for Humanity**, made this possible.



Doug Roberts, Home Energy Evaluator

Reaching out to Vulnerable Neighbors

We made sure **2-1-1** had all available information, and updated United Way's own **website** so people could have comprehensive information on how to get or give help. We compiled an **Emergency Assistance Grid** for each town in our area, and Action Team members **contacted each town and church** about local support systems. Communities reported back that their **ability to reach out and respond was improved!**

20,000 Winter Preparedness brochures were produced and distributed, making sure Mid Coast residents knew contact information for 2-1-1 and other resources, in a partnership with the **Emergency Management Agencies**.



Providing Emergency Assistance

Dozens of local families were kept from going cold by **local heating assistance funds**, to which we contributed \$25,000 in United Way funds and \$8,690 from individual donors and statewide funds, such as **Keep ME Warm**, with which we partnered.



How did all this effort come together to help local families?

Here's one example.

One mother from Bath said her family couldn't make ends meet when they suffered a sudden loss of income. Not knowing where to turn, Mom discovered the **Winter Preparedness brochure** sent home through her daughter's school, listing 2-1-1 as the number for free information on resources to help. The **call specialists at 2-1-1** referred the family to Fuel for Friends, an **emergency fuel fund** to which United Way donated. **The family got the help they needed to stay warm.** The network worked for this family.

"When we're back on our feet, we'll be able to help others who find themselves in this position."

— Mom

WINTER PREPAREDNESS Action Team Leaders

Susan Wygal <i>Chair</i>	Kim Kaiser <i>Lincoln County Emergency Management Agency</i>
Bill Brilliant <i>Downeast Energy</i>	Mike Field <i>Bath Police Chief</i>
Margaret Wilson	Tara Hill <i>Habitat for Humanity/ 7 Rivers Maine</i>
Pat Conner <i>Mid Coast Hospital</i>	Marla Davis <i>Mid Coast Health Services</i>
Holly Stover <i>Maine Dept. of Health & Human Services</i>	Jim Peavey <i>United Way staff</i>
Misty Green <i>Sagadahoc County Emergency Management Agency</i>	Maria Hinteregger <i>United Way staff</i>
	Catharine Arnold <i>AmeriCorps VISTA volunteer</i>

Winter Preparedness Partners

Bath Iron Works	Maine CDC
Bisson Moving and Storage	Maine Community Action Association
Boothbay Regional Resources Group	Maine Community Foundation
Bowdoin College	Maine Council of Churches
Building Materials Exchange	Maine DHHS
Catholic Charities of Maine	Maine Housing Foundation
Chewonki Foundation	Maine Philanthropy Center
CHIP, Inc.	Merrymeeting Community Shares
Clergy and lay members of many religious organizations	Mid Coast Hospital Midcoast Maine Community Action
Community Energy Fund of Lincoln County	People Plus
Cool Communities –Bath	Phippsburg Senior Project
Downeast Energy Elder Abuse Task Force	Rogers Hardware Sagadahoc County EMA
Efficiency Maine	Salvation Army
Fuel for Friends	Spectrum Generations
Governor's Office of Energy	Sweetser
Independence and Security	Tedford Housing Town government representatives
Habitat for Humanity/ 7 Rivers Maine	Town of Richmond Fuel Fund
Individuals from our community	United Church of Christ
Keep ME Warm	Congregational– Bath
Kennebec Kitchens	United Way of Mid Coast Maine
Lincoln County EMA	United Ways of Maine
Lincoln County Energy Task Force	Warm Thy Neighbor
Lowe's Home Improvement	

GIVE.

“My name is Lili Hall. I work at United Way as a campaign processor. I am a leadership level donor and a 40 year Loyal Contributor. I started giving to United Way as an L.L. Bean Employee in 1969, and have given ever since.

Ensuring that people living right here in mid coast Maine have enough to eat is very important to me.

That is why several times a year I help to organize collections of non-perishable food and personal care items for our local food pantries.”

LIVE UNITED

MY NAME IS LILI HALL.
I DON'T JUST WEAR THE SHIRT,
I LIVE IT.



Campaign Success!

The fall of 2008 was truly an extraordinary time for United Way of Mid Coast Maine and our community. Despite the economic challenges facing our nation, United Way of Mid Coast Maine was able to achieve phenomenal success, surpassing our Annual Campaign goal of \$1.9 million to raise **over \$2 Million!**

We extend our sincere thanks to each and every person who supported United Way and our community as an individual donor, corporate donor, organizer of a workplace campaign or special event. Mid Coast Maine most certainly has shown that we know what it means to **LIVE UNITED!**



Doug Morrell and Sandy Morrell
Rooney of Downeast Energy

2008 Overall Campaign Excellence Award Winner: Downeast Energy

"If there were ever a company that embraces United Way from top to bottom, that company is **Downeast Energy**."

Every year Downeast Energy is one of our top campaigns. This year, they were better than ever. Their employee participation rate was over 80%, their per-employee giving over \$277, and all together their campaign increased by 11.4%.

Our sincere thanks to Downeast Energy, a true LIVE UNITED partner!"

2008 Volunteer of the Year Award: Sharon Guay

"Sharon has been co-chairing the incredible campaign at Bath Iron Works for three years. As you can imagine, organizing a campaign to reach 6,000 people with dozens of volunteers from inside and outside the shipyard is not an easy task.

She is a very warm and caring person, sharing her talents as a volunteer for hospice so that people who are dying have someone by their side. Sharon also supports United Way by serving as a member of our Campaign Cabinet, and Board of Directors.

When we think of our LIVE UNITED theme, and its call for people to GIVE, ADVOCATE, and VOLUNTEER—**Sharon, that's you!** You truly LIVE UNITED."

— Pam Bowerman, Campaign Chair
Remarks from our 2008 campaign finale



Sharon Guay, right, of Local S6/Bath Iron Works with 2008 Campaign Director Jane Irish.

2008 CAMPAIGN CABINET

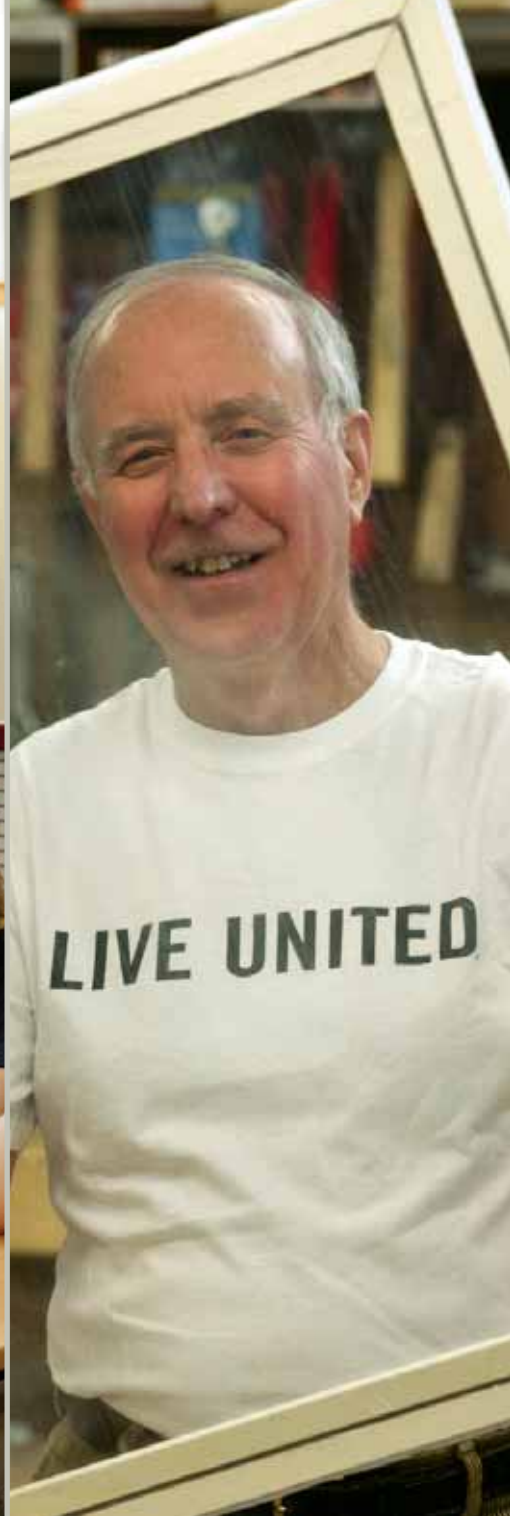
Pam Bowerman, *Chair*
Charlie Ault
Bonnie Blanch
Amanda Dickinson
Chief Michael Field
Kate Foye
Sharon Guay
Hannah McGhee
David Nadeau
Mike O'Gara
Iman Poeraatmadja
Rita Renaud
Pedro Rojas
Rick Wilson

2008 CAMPAIGN LOANED EXECUTIVES

Kati Chandler <i>Norway Savings Bank</i>	Penny Lord <i>Hannaford</i>
Rosalind Eberhart <i>Sponsored</i>	Paul Van Savage <i>L.L. Bean, Inc.</i>
Rusty Fenn <i>Local S6/Bath Iron Works</i>	

2008 TOP 25 CAMPAIGNS

Bath Iron Works Corporation	United Parcel Services
Bowdoin College	Woodex Bearing Company, Inc.
Mid Coast Hospital Senior Ctr.	Riley Insurance Agency, LLC
CHANS	Parkview Adventist Medical Center
Thornton Oaks	The Times Record
L. L. Bean, Inc.	T D Banknorth
Downeast Energy	Atlantic Regional Federal Credit Union
FHC, Inc.	Norway Savings Bank
Brunswick Schools	Mid Coast Maine Community Action Program
Bath Savings Institution and Trust	Independence Association
Hannaford	Reed & Reed Border Trust
Shaw's	
Wright-Pierce	
Bank of America	
MSAD 75	
Lincoln County Health Care Regional School Unit 1	



Community Builders 2008

Awards were given to students involved in the **Boothbay Region Youth Assets Coalition** and the **Brunswick High School Service Learning program**, both of which were active in helping their communities, and to **Hannaford**, for its community work especially its support of the **Food Security Coalition** and people at risk of hunger. A fourth Award was given to the **File of Life Task Force**, which distributed thousands of potentially lifesaving mini medical histories to seniors and people with disabilities, for medics to use in case of emergency.



Brunswick High School Students



Hannaford Employees

ADVOCATE. VOLUNTEER.

People throughout Mid Coast Maine are choosing to **LIVE UNITED** not only by **giving**, but also by **advocating**—raising their voices on behalf of others—and **by volunteering**.

Whether it's working to create change within a school, or to improve the lives of elders, people are busy making this an even better community. Mid Coast residents are winterizing homes, organizing food drives, reading to young children, and much, much more.

You are invited! For some great ideas on volunteering with local nonprofits, visit our website, www.uwmcm.org and click on the VolunteerMaine logo.

It takes everyone in the community working together to create a brighter future. **LIVING UNITED** means being part of the change!

Thank you for all you are already doing to help people in our community improve their **education, financial stability, and health**. And let this be the year we all stretch ourselves to do a little bit more.

GIVE. ADVOCATE. VOLUNTEER. LIVE UNITED!

SOME PEOPLE GIVE GENEROUSLY.
SOME RAISE THEIR VOICES FOR OTHERS.
 SOME REACH OUT.
 SOME DO ALL THREE.
LIVE UNITED.

NOMINATING COMMITTEE

Jim Ashe
 Lennie Burke
 Bob Davis
 Joan Maloney Chrane
 Carol Dexter
 Kate Kastelein
 Patti Lawton
 John Portela
 Barbara Reinertsen, *Staff*
 Holly Stover

DEVELOPMENT COMMITTEE

John Portela, *Chair*
 Joan Maloney Chrane
 Kathy Christensen, *Staff*
 Bob Davis
 Bob McCue
 Randy Shaw
 Tom Whelan

COMMUNITY IMPACT OVERVIEW COMMITTEE

Craig McEwen, *Chair*
 Lennie Burke
 Carol Dexter
 Sharon Guay
 Peter Lindsay, *Staff*
 Bob McCue
 Lois Skillings



Boothbay Region High School Students



File of Life Task Force Members

Success By 6: Early Childhood.



United Way is dedicated to ensuring that all our Mid Coast children get the best possible start in life.

United Way invested \$216,117 in 7 partner agencies to change lives for 3,069 local people.

- Providing quality child care for families
- Providing parenting education and preventing abuse
- Encouraging reading

Early Literacy

Reading with young children, even from birth, is one of the best ways to help children learn and enter school ready to succeed. Research indicates children need to hear 1,000 stories before they can begin to learn to read. United Way continued its special focus on early literacy, organizing both an ongoing **Volunteer Reader Network** and an annual Community Read Aloud event, featuring **280 volunteers** reading to approximately **4,500 children** in elementary school classrooms and child care sites.

“A key driver of Maine’s economy is early childhood investment. Our future depends upon it!”

— Dana F. Connors,
President Maine State
Chamber of Commerce



Helping to provide quality child care for families during challenging times.

550 children attended quality child care and before/after school programs funded in part by United Way in 2008. 94% of children in one program met all school readiness benchmarks established in the Creative Curriculum, a research-based early care and education curriculum used at all four programs.

*“I would like to take a moment to express my gratitude to you and the United Way for providing the Bath YMCA with funding for their child care program. I am a single parent of two and a full time nursing student. Without the YMCA’s program, I would be unable to continue with my education that is so important to me and my family. **Thank you for allowing me this opportunity to continue with my education and soon provide a better future for my family.**”*

— Sommer MaGhee
In a letter to the Bath
Area Family YMCA.

Did you know that early childhood development programs are economic development initiatives? To see our special report: “Who is Driving Your Economic Future?” visit our website: www.uwmcm.org and click on *Success By 6*.

FUNDED PARTNER AGENCIES

Bath Area Family Y.M.C.A.
Child Care

Central Lincoln County Y.M.C.A.
Child Care

Family Focus
Children’s Services & Parent Program

Harbor Children’s Center
Child Care

Healthy Kids! A Family Resource
Network

Midcoast Maine Community Action
Families CAN! & Head Start

Tri-County Literacy Volunteers
“Read With Me” Family Literacy

Success By 6 COUNCIL

Mike Wilhelm, *Co-Chair*
Glenn Hutchinson, *Co-Chair*

Seth Berry
Bob Davis
Ellen Dickens
Marjorie Geiger
Pam Gerbi
Jonathan Hiltz
Phil Krummel
Peter Lindsay, *Staff*
Tom McCandless
Dillwyn Paiste
Herbert Paris
Lee Parker
Sandra Peters
George Reichert

Honorary Members
Joseph Field
Michael Finnegan
Kevin Gildart

VOLUNTEER READERS NETWORK

Cynthia Alden	John Hartman
Jane Berry	Sukey Heard
Nancy Bliss	Burke Long
Inge Cesh	Susan Mikesell
Ted Clapp	Susan Pettit
Krista Clark	Sheila Pulver
Anne Donovan	Sada Reed
Phyllis Fuchs	Shirley Reese
Margie Geiger	Simone Sylvia

BOWDOIN COLLEGE VOLUNTEER READERS

Sherrone Ricks
Kate Epstein
Chester Eng
Emma Nathaniel
Tanu Kumar

Youth & Lifelong Learning.



In 2008, United Way funded eight programs which promote developmental assets in 2,789 youth participants, including activities in a safe, positive and mentoring environment at the Bath Area Family YMCA.

United Way is dedicated to education, for youth and for people of any age, challenge or disability to reach their full potential.

United Way invested \$184,785 in 11 partner agencies, changing lives for 3,840 local people.

- Improving school performance and healthy behaviors by mentoring vulnerable youth
- Building assets among youth through positive activities, regardless of ability to pay
- Improving skills for jobs and independence by helping adults with reading problems
- Helping people with disabilities find and hold jobs

Youth Assets

Developmental Assets are the building blocks of healthy development that **help young people grow up healthy, caring, and responsible.**

Research has shown that the more assets a young person has (such as perceiving that adults in the community value youth, or spending three or more hours per week in sports or organizations), the more likely a youth is to succeed in school, help others, maintain good health, resist danger and overcome adversity.

United Way's **Youth & Lifelong Learning Council** focused on youth assets in 2008, bringing Tim Duffey of the nationally-recognized Search Institute to the area for United Way's annual meeting and for a more in-depth workshop for local communities. Going forward, the Council plans to award grants for local communities that are working with youth on projects that build these important developmental assets.



Big Brothers/Big Sisters

"Fortunately for my children, and for me, we have been able to experience first hand how one special person can change your entire outlook—thanks to the Big Brothers/Big Sisters program.

The matches couldn't have been more dead-on, and the results of their interactions couldn't be more dramatic. My children have learned to trust their "Bigs" and themselves more and more, which has had the extra benefits of lowering their global anxiety, improving school performance, and raising their self-esteem. I have watched the boys get excited, laugh hard, and really learn how wonderful and valuable they are to others—not just their mother.

Words can not describe the difference this has made on a family level, as well as a personal level. My family has had a long, often very traumatic, journey, but I genuinely feel that the Big Brothers/Big Sisters program has been one of the lights we have followed up and out of the darkness.

This program is a wonderful example of the adage: 'It takes a village to raise a child.' My heartfelt gratitude and support go out every day to this branch of my village."

Sincerely,

*Lisa
Topsham*

THANKS TO THE BIG BROTHERS/BIG SISTERS PROGRAM,
WE HAVE BEEN ABLE TO
EXPERIENCE
FIRST HAND HOW ONE
SPECIAL PERSON
CAN CHANGE YOUR ENTIRE OUTLOOK.

FUNDED PARTNER AGENCIES

Bath Area Family Y.M.C.A.
Y Financial Aid & Abundant Assets

Big Brothers/Big Sisters
of Bath/Brunswick

Big Brothers/Big Sisters
of Mid Coast Maine

Central Lincoln County Y.M.C.A.
Teen Services

Elmhurst, Inc.
Supported Living Program

Girl Scouts of Maine
Girl Grant

Independence Association
Community Support Services

Mobius, Inc.
Integrated Employment

People Plus Teen Center
Brunswick Teen Center

Tri-County Literacy Volunteers

Youth Promise
*Mentor Assisted Community Service &
Jump Start*

YOUTH AND LIFELONG LEARNING COUNCIL

Dennis Unger, *Chair*
Betsey Alden
Matt Cunio
Molly Hahn
Maria Hinteregger, *Staff*
Larry Lemmel
Sally Loughlin
Linda Lupton
Tim Martel
David Nadeau
Scott Price
Chuck Saufler
Steve Saucier
Rev. Jon Stratton
Mark Waltz
Marilyn Weinberg

Meeting Basic Needs/Safety Net.



"It's a privilege to do this," says Earl Lemieux of the Whitefield Food Pantry, shown with wife Mary Lemieux (right) and Terry Howell (left), coordinator of United Way's Food Security Coalition.

United Way is dedicated to promoting financial stability and independence.

United Way invested \$200,800 in 7 partner agencies to change lives for 12,790 local people.

- Providing food and shelter for Mid Coast residents
- Preventing homelessness
- Increasing independence

Food Security

Mid Coast food pantries are struggling to meet 30 to 40% increases in demand for assistance. Over 1,050 low-income households are relying on them more and more to meet their basic need for food. United Way's **Basic Needs/Safety Net Council** worked to strengthen each pantry's capacity to meet this demand, as well as heighten awareness of the local hunger problem, by bringing pantry volunteers together into a regional **Food Security Coalition**. As a result of this effort, financial and food donations to local pantries have increased, several pantries have received new freezers and shelving, and most importantly, **area food pantry volunteers are now working together to achieve a common goal of ending hunger** in the mid coast region.

"We're meeting for the first time to get help, support, ideas, advice, and network," said Kendra Chubbuck of the Help Yourself Food Pantry in Wiscasset. **"United Way has made all this possible."**

Preventing Homelessness

"Four years ago our family was living the American dream. Because of crippling disease and an adjustable rate mortgage, we fell behind on our mortgage and the bank foreclosed on our home.

We literally had no place to go, not even a vehicle that we could have lived in. When the call came that there was an opening in the Tedford Family Shelter, I cried and thanked God and Tedford Housing for what I considered a miracle.

We stayed there and then through their Master Lease Program, were able to rent an apartment which has become home to us. The Master Lease arrangement allows us to build references and has given us a fresh start.

The services at Tedford make it possible for families to start over, offering hope for the future. We are so grateful for everything they have done. They have made it possible for us to keep our family together and move forward."

Sincerely,

Pam
Brunswick



THE SERVICES AT TEDFORD
MAKE IT POSSIBLE
FOR FAMILIES TO START OVER,
OFFERING HOPE
FOR THE FUTURE

FUNDED PARTNER AGENCIES

Coastal Trans, Inc.

Good Shepherd Food Bank

Mid Coast Hunger Prevention Program

Midcoast Maine Community Action
*Housing Counseling & Family Development
Case Management*

Salvation Army
Emergency Assistance

Spectrum Generations
Meals on Wheels

Tedford Housing
*Homeless Prevention, Shelter,
and Supportive Housing*

MEETING BASIC NEEDS/SAFETY NET COUNCIL

Margaret Wilson, *Chair*

Bill Brilliant

Pam Bowerman

Bill Ewing

Mike Finnegan

Janet Grondin

William Hinkley

Maria Hinteregger, *Staff*

Terry Howell

Nancy Jennings

Don Kniseley

Adam Krea

Catherine McConnell

Lin Maria Riotto

Ellee Simons

Sara Trafton

EMERGENCY FOOD AND SHELTER PROGRAM COMMITTEE

United Way administers the federal Emergency Food and Shelter Program for Lincoln and Sagadahoc Counties. A local board distributed \$20,002 to 10 local non-profits to help them provide food, shelter, and supportive services for people who are hungry, homeless, and in economic crisis.

Leon Oiumnet, *Chair*

Kenneth Henderson

Maria Hinteregger, *Staff*

Daniel Leeman

John Portela

Mary Trescott

A Safe & Healthy Community.

Jolan, 92, remains vital and engaged in life at Hodgdon Green in Damariscotta, where she takes part in many activities with her fellow residents and caregivers such as Gayle Yost. Hodgdon Green is one of seven homes provided by United Way partner agency ElderCare Network of Lincoln County, which allow seniors to live within their own communities in a healthy, stimulating, "almost like home" environment.



United Way is dedicated to everyone being safe from abuse and violence, having access to affordable, high-quality health care, and having support as they age.

United Way invested \$273,300 in 17 partner agencies to change lives for 4,169 local people.

- Providing health care to people who are uninsured, low-income, or youth
- Responding to emergencies and preventing health crises
- Helping survivors of violence and preventing violence
- Supporting elders to remain as independent and healthy as possible

Keeping Elders Safe & Healthy

The **Safe & Healthy Community Council** is working to keep elders safe in our community by addressing the issue of mismanagement of **prescription drugs**, including medication interactions with alcohol. Elders may often have a hard time managing the many medicines they need to take, and missed or improperly taken pills can create dangerous situations. In addition, as the body ages, the ability to process alcohol diminishes significantly, creating an unhealthy condition from an amount that previously had been tolerated. These can be serious problems, contributing to falls, memory problems, health problems, and loss of independence. United Way is working with **Mid Coast Hospital's Addiction Resource Center** on strategies to help elders get needed assistance and stay safe and healthy.



Keeping a Community Healthy

The Lincoln Academy School Based Health Center, as part of its overall health and wellness program, provides mental health services to students. The students can be referred into the program through teachers, guidance counselors, primary care physicians, and parent requests. Emily was having difficulty at home and the school's nurse practitioner suggested she try the counseling program.

According to Ricki Waltz, the Director of Health Center, "We see many students who might benefit from counseling. This is a tough age for kids and struggles are commonplace. The ability to get help right here at the school, in a confidential and comfortable setting, reduces barriers that might otherwise preclude participation, such as the lack of health insurance. The on-site service allows collaboration with teachers, guidance counselors, and medical staff, creating a better opportunity for overall progress and positive change."

Because of United Way support to the health center, students can access mental health services at school. As a result of the counseling program, and Emily's commitment to the process, communication and support at home has improved and there is less conflict.

Good news: Teen Use of Alcohol Drops

There's good news in the area of United Way initiative action in 2006 and 2007: preventing teenage alcohol use. A recent survey by the Maine Office of Substance Abuse found that the percentage of teens who used alcohol in the past month decreased from 38% in 1995 to 25% in 2008. Use by 11th-graders dropped by 7% between 2006 and 2008 – the largest decrease in student use in the last 10 years.

"While there is still far to go, this is good news, and we're glad that United Way was part of a broad effort to keep our teenagers safe."

— Holly Stover, *United Way Board Chair*

FUNDED PARTNER AGENCIES

Catholic Charities Maine
Greater Bath Elder Outreach Network

Damariscotta Family Planning
Clinical Health Care and Outreach

ElderCare Network of Lincoln County
Activities and Transportation

Family Crisis Services
Bath-Brunswick Outreach

Home to Home
Child Custody Monitored Transfer

Hospice Volunteers
Community Support Services around Death, Dying, and Grieving

Lincoln Academy
School-based Health Center

Merrymeeting AIDS Support Services
Education and Men's Programming

Mid Coast American Red Cross
Emergency Services and Health & Safety Education

MSAD 75
School-based Health Center

New Hope for Women
Lincoln County Outreach

OASIS Health Network
Free Clinic

People Plus Center
Community Outreach

Planned Parenthood of Northern New England
Brunswick/Topsham Clinic

Respite Care
Supportive Care and Information for Families Facing the Disabilities of Aging

Sexual Assault Support Services
School-based Education

Sweetser
Learning and Recovery Center

SAFE AND HEALTHY COMMUNITY COUNCIL

Susan Wygal, *Chair*
Barbara Bauman
Bob Beaumont
Pat Conner
Marla Davis
Mike Field
Lisa Burgess Hodgkins
Dodie Jones
Joel Merry
Graham Newson
Jim Peavey, *Staff*
Lisa Personett
Cheryl Rust
Holly Stover

United Way's Endowment Fund



Last year, Endowment earnings were invested in our Food Security efforts.

THE GREATEST LEGACY
MOST OF US WILL EVER HAVE
IS OUR EFFECT
ON OTHER PEOPLE.

Our Endowment Fund will create better lives for the people of Mid Coast Maine today and far into the future, by investing more in prevention and reaching more people than we are able to do with our annual campaign.

You are invited to keep changing lives for many years to come by making a contribution to the Endowment Fund today or by arranging a planned gift for the future. You can find more information about Planned Giving and United Way of Mid Coast Maine by visiting our website at www.uwmcm.org, by calling our Director of Donor Relations at (207) 443-9752, or by e-mailing: kathyc@uwmcm.org

If you have included us in your will, we thank you and invite you to let us know your plans!

Finance & Accountability

STATEMENT OF FINANCIAL POSITION (as of June 30, 2008 and 2007)

ASSETS	2008	2007
CURRENT ASSETS		
Cash	\$ 1,201,781	\$ 1,146,252
Pledges Receivable, Less Allowance for Uncollectibles	854,803	919,247
Accounts Receivable	540	11,977
Prepaid Expenses	6,680	5,978
Security Deposit	4,838	4,838
Total Current Assets	\$ 2,068,642	\$ 2,088,292
PROPERTY, PLANT, AND EQUIPMENT		
Office Equipment and Software	\$ 71,583	\$ 99,383
Less: Accumulated Depreciation	57,688	92,679
Net Property, Plant, and Equipment	\$ 13,895	\$ 6,704
OTHER ASSETS		
Beneficial Interest in Assets held by the Maine Community Foundation	\$ 337,533	\$ 347,320
Land	\$ -	\$ -
Total Other Assets	\$ 337,533	\$ 347,320
Total Assets	\$ 2,420,070	\$ 2,442,316
LIABILITIES AND NET ASSETS		
CURRENT LIABILITIES		
Allocations and Designations Payable	\$ 715,552	\$ 837,629
Accounts Payable - Trade	61,480	21,694
Accrued Vacation Payable	17,850	12,295
Total Liabilities	\$ 794,882	\$ 871,618
NET ASSETS		
Unrestricted - Board Designated	\$ 682,266	\$ 720,555
Unrestricted - Undesignated	599,289	462,162
Temporarily Restricted	342,233	386,581
Permanently Restricted	1,400	1,400
Total Net Assets	\$ 1,625,188	\$ 1,570,698
Total Liabilities and Net Assets	\$ 2,420,070	\$ 2,442,316

WHERE THE MONEY GOES

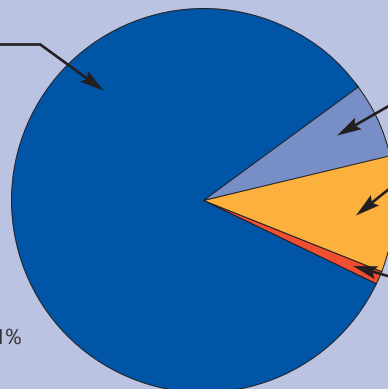
(based upon audited expenditures for the year ended June 30, 2008)

Community Service Investments: 82.7%

Community Fund Distributions & Designations to UWMCM Partner Agencies: 49.5%

United Way Community Services including 2-1-1 Maine, Success By 6 & Solution Council Work: 17.1%

Designations to other United Ways & non-affiliated agencies: 16%



Copies of United Way of Mid Coast Maine's IRS Form 990 and most recent audited financial statements as conducted by Bruce A. Bachelder, CPA, are available for public review at the United Way office, 34 Wing Farm Parkway, Bath.

ACCOUNTABILITY

United Way of Mid Coast Maine is committed to its role as stewards of donor contributions. United Way of Mid Coast Maine follows strict United Way of America standards for financial accountability and transparency, adheres to FASB guidelines and is audited annually by an independent auditor.

In addition, our Board of Directors and our Administration and Finance Committee, made up of local finance and business leaders, oversee our financial management throughout the year. We thank them for their expertise and guidance.

ADMINISTRATION AND FINANCE COMMITTEE

Geoff Gattis, *Chair*
Liz Allen
John Berry
John Bibber
Bob McCue
John Washburn, *Staff*

COMMUNITY COMPASS ELIGIBILITY COMMITTEE

John Berry, *Co-Chair*
George Hunter, *Co-Chair*
Theresa Hodge
Bob McCue
Julie Wagoner
Doug Woodbury
John Washburn, *Staff*



**United Way
of Mid Coast Maine**

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